

# WILTON PARKS & RECREATION DEPARTMENT

## 2011 FALL / 2012 WINTER BROCHURE



Wilton Parks & Recreation Department  
180 SCHOOL ROAD  
WILTON, CONNECTICUT 06897

PHONE: (203) 834-6234

FAX: (203) 834-6323

INFORMATION LINE: (203) 454-5188

WEB: [www.wiltonparksandrec.org](http://www.wiltonparksandrec.org)



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**WILTON PARKS & RECREATION:** *the benefits are endless!*

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# INFORMATION



## WILTON FIRST SELECTMAN

**William Brennan**

## WILTON PARKS & RECREATION STAFF

(Office Hours: Monday - Friday 8:30 AM - 4:30 PM)

Director: **Steve Pierce**: [steve.pierce@wiltonct.org](mailto:steve.pierce@wiltonct.org)

Assistant Director: **Scott Kieras**: [scott.kieras@wiltonct.org](mailto:scott.kieras@wiltonct.org)

Program Coordinator: **Jim Lewicki**: [jim.lewicki@wiltonct.org](mailto:jim.lewicki@wiltonct.org)

Administrative Secretary: **Bev Hodge**: [beveriy.hodge@wiltonct.org](mailto:beveriy.hodge@wiltonct.org)

Parks Superintendent: **Doug Katz**: [douglas.katz@wiltonct.org](mailto:douglas.katz@wiltonct.org)

Parks Leadman: **Elio Mignogna**

Parks Crewman: **Mike Pirre**

Parks Crewman: **John Guerra**

Parks Crewman: **Pat Dagastino**

## WILTON DIAL-A-RIDE STAFF

Driver: **Ross Hand**

Driver: **Yves Magnin**

Driver: **Alan Herr**

## PARKS AND RECREATION COMMISSION

Chairperson: **Kevin O'Brien**

Commissioner: **Jamie VanAcker**

Commissioner: **Christine Finklestein**

Commissioner: **Anne Richards**

Commissioner: **Joe Burke**

## RECREATION OFFICE WILL BE CLOSED:

**September 5: Labor Day**

**October 10: Columbus Day**

**November 11: Veterans Day**

**November 24 & 25: Thanksgiving Observed**

**December 26: Christmas Observed**

**January 2: New Year's Day Observed**

**January 16: Martin Luther King Jr. Observed**

**February 20: Presidents' Day Observed**

## INFORMATION LINE

Information regarding program cancellations and/or general information will be announced and updated as needed by the Wilton Parks and Recreation staff. **To find out the status of any Parks and Recreation event or program at any time of day, please call (203) 454-5188 and listen for the recorded message.**

## DIAL-A-RIDE

(Hours of Operation: 9:15 AM - 3:45 PM)

This town service provides van transportation for Wilton seniors and disabled individuals to destinations within town boundaries. This service is available Monday through Friday from 9:15 AM to 3:45 PM year round, excluding town holidays and during inclement weather. **Reservations must be made 24 hours in advance by calling (203) 834-6235 ext. 1. Fee: \$2.00 per round trip.**



## NORWALK DIAL-A-RIDE PROGRAM

The Town of Wilton provides a second van that travels from Wilton to selected points in Norwalk. This service runs two days a week (Tuesdays and Thursdays) from 9:15 AM to 3:45 PM. (The cost for a round trip to Norwalk is \$4.00.)

## FACILITY RENTAL INFORMATION

The Comstock Community Center has a variety of rooms available for rental. For more information regarding rentals, please call Steve Pierce at (203) 834-6234 ext. 6.

## REFUND POLICY

Refunds are issued only in the following circumstances:

- If a program is cancelled by the P&R Department.
- On request for medical reasons, injury or relocation.
- If we can replace the participants spot from a waitlist.

## WILTON REFERENCE INFORMATION

Town of Wilton:	<a href="http://www.wiltonct.org">www.wiltonct.org</a>
Senior Net:	(203) 834-6410
Dial-a-Ride:	(203) 834-6235
Continuing Education:	<a href="http://www.wilton.k12.ct.us">www.wilton.k12.ct.us</a>
Wilton Parks & Recreation #:	(203) 834-6234
Parks & Recreation Website:	<a href="http://www.wiltonparksandrec.org">www.wiltonparksandrec.org</a>
P&R Cancellation/Information #:	(203) 454-5188
P&R Office Fax #:	(203) 834-6323
Parks & Grounds Department:	(203) 834-6233
Wilton Basketball Association:	<a href="http://www.wiltonhoops.org">www.wiltonhoops.org</a>
Wilton Baseball & Softball:	<a href="http://www.thewbsa.com">www.thewbsa.com</a>
Wilton Youth Football (FCFL):	<a href="http://www.wiltonyouthfootball.org">www.wiltonyouthfootball.org</a>
Wilton Lacrosse:	<a href="http://www.wiltonlax.org">www.wiltonlax.org</a>
Wilton Soccer:	<a href="http://www.wiltonsoccer.info">www.wiltonsoccer.info</a>
Children's Theatre:	(203) 761-9309

## HELP WANTED

The Wilton Parks and Recreation Department is looking for qualified individuals for the following Fall / Winter positions:

### Basketball Supervisors / Scorekeepers

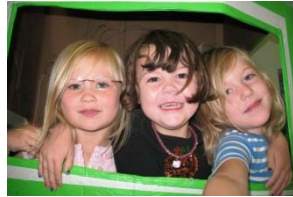


## PRE-SCHOOL PROGRAMS

### ON SCHOOL ROAD SCHEDULE FOR THE 2011-2012 SCHOOL YEAR

**ON SCHOOL ROAD** is Parks and Recreation's answer to the community need for affordable, creative, exciting early childhood programming. We have created an environment where children are given the necessary tools to build self-awareness and self-esteem; a place for children to deepen their respect for others and the environment; and encouraged to think independently and creatively. Our classes foster imagination, exploration, ingenuity, and compassion to help children become active problem solvers and creative members of our community. We believe children need a place to feel empowered, comfortable and safe to be ready to explore, investigate and experiment with their surroundings. Our goal is to help foster creative, independent, critical thinkers! **We offer a drop-off 2's program; full and part-time 3 year old and 4/5 year old classes as well as an extended day Lunch Bunch for preschoolers and Kindergarteners.** Registration for this program is on-going.

For a complete list of classes, schedules and a registration form, please visit Sharon's site, [www.onschoolroad.com](http://www.onschoolroad.com), or stop by the Parks & Recreation office at Comstock Community Center.



#### KINDERDANCE®

A fun introduction to ballet and tap for young children. Come along on our imaginary Safari, see what ballet positions we find in our Toy Chest, shuffle your feet to the Airplane Chug, and take a trip to the beach with the Seal Story. We include motor and gymnastics skills as developmentally appropriate, and lots of props and imagery. **Ages 3-6.**

**Where:** Comstock Community Center  
**When:** Tuesdays, Weeks of 9/12 - 10/24  
1:00 - 1:50 PM **Activity #: 6158**  
**Fee:** Resident: \$150.00 NR: \$160.00

*Class size limited to 10.*

**Registration for this program begins on 8/31 @ 9:00 AM.**

#### NERFKINS

Gentle, supportive approach to learning basic ball-handling skills. Nerfballs and other soft equipment are used. Sports included are soccer, basketball, football and Frisbee. Ages 3-5. **Must be potty trained. No pull-ups allowed.**

**Where:** Comstock C. C. Gym  
**Day:** Thursday  
**Time:** 10:30 - 11:15 AM  
**Fall Session I:** Weeks of 9/19 - 10/24 (5 weeks) *No Class: 9/29*  
**Activity #:** 6314  
**Fee:** Resident: \$75.00 NR: \$85.00  
**Fall Session II:** Weeks of 11/7 - 12/12 (5 weeks) *No Class: 11/24*  
**Activity #:** 6315  
**Fee:** Resident: \$75.00 NR: \$85.00  
**Winter Session I:** Weeks of 1/2 - 1/30 (5 weeks)  
**Activity #:** 6316  
**Fee:** Resident: \$75.00 NR: \$85.00  
**Winter Session II:** Weeks of 2/27 - 3/26 (5 weeks)  
**Activity #:** 6317  
**Fee:** Resident: \$75.00 NR: \$85.00

**Instructor:** Jim Lewicki & Mike Garrity

**Registration for this program begins on 8/31 @ 9:00 AM.**

### COMSTOCK FALL T-BALL (T-BALL FOR AGES 4 & 5)

This fun, non-competitive program is a basic introduction for boys and girls in the fundamentals of baseball. Children will get the opportunity to make new friends and learn how to catch, hit and throw.

**Where:** Comstock C. C. Field  
**When:** Weeks of 9/5 - 10/24 (7 weeks)  
**Day:** Saturday  
**No Class:** 10/8  
**Times:** 9:00 - 10:00 AM **Activity #: 6176**  
10:00 - 11:00 AM **Activity #: 6177**  
**Fee:** Resident: \$95.00 NR Fee: \$105.00

**Registration for this program begins on 8/31 @ 9:00 AM.**



**\*See PAGE 5 for Mike Garrity's Beginner Basketball!\***

#### U.K. PETITE SOCCER

A fantastic first soccer experience for young children! It is a fun introduction to the sport through a series of exciting, stimulating soccer games in a safe, enjoyable environment for 3, 4 and 5 year old children. Basic soccer skills will be taught each week.

**Where:** Comstock Field\*

**Fall Session I:** Weeks of 9/5 - 10/3 (Tuesday)  
Weeks of 9/5 - 10/3 (Wednesday)  
**Times:** Session 1: 10:00 - 11:00 AM **Activity #: 6165**  
**Tuesdays** Session 2: 12:00 - 1:00 PM **Activity #: 6164**

**Times:** Session 1: 11:00 - 12:00 PM **Activity #: 6166**  
**Wednesdays** Session 2: 1:00 - 2:00 PM **Activity #: 6167**  
**Fee:** Resident: \$120.00 NR: \$130.00

**Fall Session II:** Weeks of 10/10 - 11/14 (Tuesday)  
*No Class: 11/8* Weeks of 10/10 - 11/7 (Wednesday)  
**Times:** Session 1: 10:00 - 11:00 AM **Activity #: 6169**  
**Tuesdays** Session 2: 12:00 - 1:00 PM **Activity #: 6168**

**Times:** Session 1: 11:00 - 12:00 PM **Activity #: 6170**  
**Wednesdays** Session 2: 1:00 - 2:00 PM **Activity #: 6171**  
**Fee:** Resident: \$ 120.00 NR: \$130.00  
**Instructor:** U.K. Elite Staff

**\*If inclement weather, Comstock gym will be used.**  
**Registration for this program begins on 8/31 @ 9:00 AM.**

#### SPORTS SQUIRTS®

This US Sports Institute program is designed to introduce children ages 3-5 years to a variety of sports\* in a safe, structured environment. All games and activities will encompass hand/eye coordination, balance, agility and movement – all key factors to the early development of children in sport. \*T-Ball, Lacrosse, Soccer, Basketball, and Hockey.

**Where:** Comstock Community Center  
**When:** Mondays, Weeks of 9/26 - 11/14 *No Class 10/10*  
**Session I:** 9:00 - 10:00 AM **Activity #: 6155**  
**Session II:** 10:15 - 11:15 AM **Activity #: 6157**  
**Fee:** Resident: \$119.00 NR: \$129.00

**Registration for this program begins on 8/31 @ 9:00 AM.**

## YOUTH PROGRAMS

### SPANISH FOR KINDERGARTNERS

Hola amigos! This program will use music, songs, movement, stories and games to make Spanish language learning fun for Kindergarten children – the prime age for language acquisition. Key phrases and vocabulary will be taught in a dynamic and entertaining way, aiming towards immersion style. Lunchtime will be used as a learning opportunity. Class is taught by Wilton mom, Señora Vicky Kantor, a native Spanish speaker from Argentina with a MA in Bilingual Education from Fairfield University.

**Where:** Comstock C.C.  
**Fall Session:** Weeks of 9/19 – 12/19  
**Days:** Monday or Thursday  
**Time:** 1:00 - 2:30 PM  
**No Class:** 9/29, 10/10, 11/24  
**Activity #:** M: 5865 (13 Classes) TH: 6178 (12 Classes)  
**Resident Fee:** M: \$325.00 TH: \$300.00

**Note: (Bus Note Required)** Students take Bus M from Miller-Driscoll to Comstock and are met by Señora Vicky Kantor. Please pack a lunch for your child. Questions? Please email [victoriakantor@hotmail.com](mailto:victoriakantor@hotmail.com).

### SPANISH CLUB FOR 1<sup>ST</sup> & 2<sup>ND</sup> GRADE

Vamos amigos...Come join Señora Kantor on this new Spanish learning adventure! Each week children will go on imaginative excursions to various places like "la escuela", "la tienda", "el restorán", "el zoológico", "la casa", "el parque" and many more. The objective of this course is to learn more than colors, numbers, and animals. Your child will be introduced to a rich vocabulary in context, including relevant phrases for their target age. Simple written exercises will also be included, so children can start practicing and developing writing skills.

**Where:** Comstock C.C.  
**Fall Session:** Weeks of 9/19 – 12/19 (12 Classes)  
**Day:** Thursday  
**Time:** 3:55 - 5:10 PM  
**Activity #:** 5866 – No Class 9/29, 11/24  
**Resident Fee:** \$300.00

**Note: (Bus Note Required)** Students take the bus from Miller-Driscoll to Comstock and are met by Señora Vicky Kantor. Questions? Please email Victoria Kantor at [victoriakantor@hotmail.com](mailto:victoriakantor@hotmail.com).

### SPANISH CLUB FOR 3<sup>RD</sup> GRADERS

Hola amigos! Come join this interactive Spanish Club led by Señora Kantor. This course goes step-by-step through the basic vocabulary, sentences, and expressions needed for conversational Spanish in everyday life. In addition, there will be games, stories, songs, and much more to make the Spanish learning experience a memorable one!

**Where:** Comstock C.C.  
**Fall Session:** Weeks of 9/19 – 12/19 (12 Classes)  
**Day:** Thursday  
**Time:** 2:30 - 3:30 PM  
**Activity #:** 5867 – No Class 9/29, 11/24  
**Resident Fee:** \$300.00

**Note: (Bus Note Required)** Students take the bus from Cider Mill to Comstock and meet in the classroom. Questions? Please email Victoria Kantor at [victoriakantor@hotmail.com](mailto:victoriakantor@hotmail.com).

Registration for these SPANISH programs begins on 8/31 @ 9:00 AM.



### AFTER SCHOOL ART

Young artists are invited to paint, draw, collage, and sculpt using a variety of media in this after school art program. Each week the class will be guided on projects using various techniques to work with fine art materials. Each student will explore and create masterpieces to keep! Students may get messy, so feel free to bring extra clothes that might not be favorites. Art supplies are included.

**Note: (Bus Note Required)** Students may take the bus from Miller-Driscoll or Cider Mill to Comstock. If desired, please pack a snack for your child. Questions? Please email [Sharon@onschoolroad.com](mailto:Sharon@onschoolroad.com).

**Where:** Comstock C. C.  
**Instructor:** Sharon Cowley  
**Day:** TU: Grades 3-5 TH: Grades K-2  
**Time:** TU: 2:30 - 3:30 PM TH: 4:00 - 5:00 PM

**Fall/Winter:** Weeks of 9/19 - 12/19  
**No Class:** 9/29, 11/8, 11/17, 11/22, 11/24  
**Activity #:** FW TU: 6179 (12 Classes) FW TH: 6180 (11 Classes)  
**Resident Fee:** FW TU: \$324.00 FW TH: \$297.00

**Winter/Spring:** Weeks of 1/2 - 4/2  
**No Class:** 1/17, 2/21, 2/23  
**Activity #:** WS TU: 6183 (12 Classes) WS TH: 6184 (13 Classes)  
**Resident Fee:** WS TU: \$324.00 WS TH: \$351.00

Registration for this program begins on 8/31 @ 9:00 AM.



### KARATE

For boys and girls ages 7 - adult who are interested in learning skills of Tang Soo Do. This ancient Korean sport will allow participants to learn a variety of martial art techniques, forms and fighting. There will be a test at the end of the session to award new belt levels and rankings. Classes will be instructed by 5th degree black belts.

**Where:** Comstock C. C. Gym  
**Day:** Thursday  
**Time:** 5:00 - 6:30 PM  
**Fall Session I:** Weeks of 9/19 - 1/16  
**No class:** 9/29, 11/24, 12/22, 12/29  
**Activity #:** 6185  
**Fee:** Resident: \$130.00 NR: \$140.00

**Winter Session I:** Weeks of 1/30 - 5/21  
**No Class:** 2/23, 4/19  
**Activity #:** 6186  
**Fee:** Resident: \$130.00 NR: \$140.00  
**Instructor:** Lisa Crosby-Bohacs

Registration for this program begins on 8/31 @ 9:00 AM.

## COMSTOCK BASKETBALL

This program is for boys and girls in grades 1 and 2. It features a 30-minute clinic each week followed by 30 minutes of game competition. Coach Mike Garrity administers this highly successful program. Teamwork and sportsmanship are stressed.

<b>Where:</b>	<b>Comstock C. C. Gym</b>	
<b>When:</b>	<b>Session 1: Weeks of 11/28 - 1/30 (8 weeks)</b>	
	<b>Session 2: Weeks of 2/6 - 3/12 (5 weeks)</b>	
<b>Day:</b>	Saturdays <i>No Program: 12/24, 12/31, 2/18, 2/25</i>	
<b>Times Session 1:</b>	8:30 - 9:30 AM	<b>Activity #: 6187</b>
	9:30 - 10:30 AM	<b>Activity #: 6188</b>
	10:30 - 11:30 AM	<b>Activity #: 6189</b>
	11:30AM - 12:30 PM	<b>Activity #: 6190</b>
	12:30 - 1:30 PM	<b>Activity #: 6191</b>
	1:30 - 2:30 PM	<b>Activity #: 6192</b>
<b>*2nd Graders Only:</b>	*2:30 - 3:30 PM	<b>*Activity #: 6197</b>
<b>Times Session 2:</b>	8:30 - 9:30 AM	<b>Activity #: 6193</b>
	9:30 - 10:30 AM	<b>Activity #: 6194</b>
	10:30 - 11:30 AM	<b>Activity #: 6195</b>
	11:30 AM - 12:30 PM	<b>Activity #: 6196</b>
<b>Session 1 Fee:</b>	Resident: \$135.00	NR: \$145.00
<b>Session 2 Fee:</b>	Resident: \$87.00	NR: \$97.00
<b>Instructor:</b>	<b>Mike Garrity</b>	

Registration for this program begins on 9/20 @ 9:00 AM.



## COMSTOCK FLOOR HOCKEY

This exciting, fast-paced activity is something to look forward to every week. There will be skill and drill time as well as scrimmage time each week. This class will stress the basic fundamentals of hockey including passing, shooting, positioning, safety and the importance of good sportsmanship. Instructors will be Jim Lewicki and Bob Colella.

**Limited enrollment.**

<b>Where:</b>	<b>Comstock C. C. Gym</b>	
<b>Day:</b>	Mondays or Thursdays	
<b>Times:</b>	3rd, 4th & 5th Grade:	2:30 - 3:30 PM
	1st & 2nd Grade:	4:00 - 5:00 PM
<b>Fall:</b>	<b>Weeks of 10/31 to 12/12</b>	
	<b>M:</b>	7 weeks <b>TH:</b> 6 weeks
<i>No class:</i>	11/24	
<b>Resident Fee:</b>	<b>M:</b>	\$89.00 NR: \$99.00 <b>TH:</b> \$77.00 NR: \$87.00
<b>Winter I:</b>	<b>Weeks of 1/2 to 2/6</b>	
	<b>M:</b>	4 weeks <b>TH:</b> 6 weeks
<i>No class:</i>	1/2, 1/16	
<b>Resident Fee:</b>	<b>M:</b>	\$53.00 NR: \$63.00 <b>TH:</b> \$77.00 NR: \$87.00
<b>Winter II:</b>	<b>Weeks of 2/27 to 3/26</b>	
	<b>M:</b>	5 weeks <b>TH:</b> 5 weeks
<b>Resident Fee:</b>	<b>M:</b>	\$65.00 NR: \$75.00 <b>TH:</b> \$65.00 NR: \$75.00
<b>Activity #'s M:</b>	<b>F 2:30:</b>	<b>6203 - W I 2:30: 6204 - W II 2:30: 6205</b>
<b>Activity #'s M:</b>	<b>F 4:00:</b>	<b>6209 - W I 4:00: 6210 - W II 4:00: 6211</b>
<b>Activity #'s TH:</b>	<b>F 2:30:</b>	<b>6200 - W I 2:30: 6201 - W II 2:30: 6202</b>
<b>Activity #'s TH:</b>	<b>F 4:00:</b>	<b>6206 - W I 4:00: 6207 - W II 4:00: 6208</b>

Registration for this program begins on 8/31 @ 9:00 AM.



## MIKE GARRITY'S KIDS FUNDAMENTALS



If you love basketball, these programs are for you. Coach Mike will introduce the basic fundamentals of basketball. Learning will be at an easy and fun pace. He will continue the basic fundamentals of basketball throughout the different classes. Game play and game skills will also be taught. New this season will be Level IV, to take your game to the next level. Student must have completed Level II & III. Designed for Kindergarten to grade 4 students only.

**Where:** Comstock C. C. Gym  
**Instructor:** Mike Garrity

### LEVEL I KINDERGARTEN / 1<sup>ST</sup> GRADE

<b>Day:</b>	Tuesday
<b>Time:</b>	4:00 - 5:00 PM
<b>Fall Session I:</b>	<b>Weeks of 9/19 - 10/17 (5 weeks) Activity # 6220</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00
<b>Fall Session II:</b>	<b>Weeks of 10/31 - 12/12 (6 weeks) Activity # 6221</b>
<b>Resident Fee:</b>	\$131.00 NR: \$141.00 – <i>No Class 11/8</i>
<b>Winter Session I:</b>	<b>Weeks of 1/2 - 2/6 (5 weeks) Activity # 6222</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00 – <i>No Class 1/17</i>

### LEVEL II 2<sup>ND</sup> / 3<sup>RD</sup> GRADE

<b>Day:</b>	Friday
<b>Time:</b>	4:00 - 5:00 PM
<b>Fall Session I:</b>	<b>Weeks of 9/19 - 10/17 (5 weeks) Activity # 6223</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00
<b>Fall Session II:</b>	<b>Weeks of 10/31 - 12/12 (5 weeks) Activity # 6224</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00 – <i>No Class 11/11, 11/25</i>
<b>Winter Session I:</b>	<b>Weeks of 1/2 - 1/31 (5 weeks) Activity # 6225</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00

### LEVEL III 3<sup>RD</sup> / 4<sup>TH</sup> GRADE

<b>Day:</b>	Tuesday
<b>Time:</b>	3:00 - 4:00 PM
<b>Fall Session I:</b>	<b>Weeks of 9/19 - 10/17 (5 weeks) Activity # 6226</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00
<b>Fall Session II:</b>	<b>Weeks of 10/31 - 12/12 (6 weeks) Activity # 6227</b>
<b>Resident Fee:</b>	\$131.00 NR: \$141.00 – <i>No Class 11/8</i>
<b>Winter Session I:</b>	<b>Weeks of 1/2 - 2/6 (5 weeks) Activity # 6228</b>
<b>Resident Fee:</b>	\$110.00 NR: \$120.00 – <i>No Class 1/17</i>

Registration for this program begins on 8/31 @ 9:00 AM.

## MIKE GARRITY'S BEGINNER BASKETBALL

AGES 3 - 5

Mike Garrity will again bring back the popular program for children aged 3 to 5. They will learn basic skills of the game of basketball in a fun and very safe environment.

**Where:** Comstock C. C. Gym

<b>Day:</b>	Fridays
<b>Time:</b>	1:15 - 2:00 PM
<b>Fall Session:</b>	<b>Weeks of 10/31 - 12/12 (5 weeks) Activity # 6229</b>
<b>Fee:</b>	Resident: \$110.00 NR: \$120.00
<i>No Class:</i>	11/11, 11/25

**Winter Session:** Weeks of 1/2 - 1/31 (5 weeks) Activity # 6214

**Fee:** Resident: \$110.00 NR: \$120.00

**Instructor:** Mike Garrity

Registration for this program begins on 8/31 @ 9:00 AM.

## ENRICHMENT EDUCATION FOR STUDENTS: MATHEMATICS, WRITING AND COMPUTERS

OFFERED BY BOUNDLESS EDUCATION, LLC

**MATHEMATICS ENRICHMENT:** Boundless Education offers the nationally recognized IMACS Math Enrichment – mind-stretching mathematics for bright and inquisitive students in grades 1-8. Our model focuses on developing logical and critical thinking and we cover deep and fundamental concepts of mathematics. Classes are game-based and fun! This curriculum is specifically designed for children who *like math and do well in their math classes at school*. Students are exposed to a great deal of mathematics that is not taught in traditional programs. Reservations are required and space is limited. **Call Boundless Education @ (203) 762-7402 for more information and before enrolling ALL new students. All classes run in 8-week sessions and begin in September as seen, below.**

**The Elementary Level:** Provides challenge, learning and fun for 2nd graders and meets one day each week before school at Miller-Driscoll.

- Choose either the Tuesday or Thursday option, 7:45-9:00 AM. **Tuition \$385.00. Begins week of 9/12. Activity #'s TU: 6238, TH: 6239**

**The Full Enrichment Level:** students in grades 3-5, this level meets each week for 1 ½ hours after school at Comstock Community Center.

- Thursday 2:20-3:50 PM. **Tuition \$420.00. Class begins 9/13. Activity #: 6240**

**The Intermediate Enrichment Level:** For bright and mathematically talented students in grades 4-7.

- Tuesday 2:20-4:00 PM at Comstock. **Tuition \$440.00. Class begins 9/15. Activity #: 6242**

**The Advanced Level:** Prior course work and special permission necessary to enter this course.

- Thursday 4:00-5:30 PM at Comstock. **Tuition \$450.00. Class begins 9/13. Activity #: 6243**

**Primary Level:** Prior course work and special permission necessary to enter this course.

- Friday 8:00-8:45 AM at Miller/Driscoll. **Tuition \$310.00. Class begins 9/13. Activity #: 6241**

**WRITING ENRICHMENT:** Boundless Education offers a stimulating and logical approach to expository and creative writing for the young and talented mind. We employ photos or art to lead students through the exciting process of developing prose. A feature in a photo that could otherwise be overlooked at first glance can become the critical subject of factual or creative focus. Grammar, vocabulary and literary devices become the tools for discovery and description. Taught in workshop style, this is definitely not your typical writing class. 8-week class session meets one time per week. Class size limited to 12 students.

**A Picture Creates a Thousand Words: Creative Writing for Creative Children.**

- For students in grades 4 and 5, Tuesday 4:15-5:15 PM. **Tuition \$375.00. Class begins 9/16. Activity #: 6248**

Registration for Boundless Education classes is ongoing throughout the year. All class sessions run 8 weeks. Students can sometimes be admitted mid-session with special permission. Call Boundless for more information @ (203) 762-7402.



### AFTER SCHOOL ENRICHMENT PROGRAM

**Wilton Parks & Recreation** will again be sponsoring an After School Enrichment Program for the school year 2011-12. The program will be for children in grades 3rd through 8th as of Fall '11 school year. It will run from 2:30 - 6:00PM each day. Parents can choose from a 1 to 5 day schedule. The supervisor for the program will be Gary Sherrick. Gary has been working with the P&R Department for the last 11 summers as Camp Counselor. He just completed a very successful 2010-11 After School Program and wants to continue to make it even better. The program will be structured with adequate time for homework assignments; and computer time will be utilized to make projects/homework easier to accomplish. After school work is completed, the children will be given a snack and time for sport games and arts & crafts. Parties for holidays will also be on the slate along with many other surprises. Gary will have a safe environment for your child to wrap up their school day.

<b>Where:</b>	<b>Comstock C.C. Room 9</b>
<b>Days:</b>	Monday, Tuesday, Wednesday, Thursday, Friday
<b>Time:</b>	2:30 - 6:00 PM
<b>Fall Session I:</b>	<b>Weeks of: 8/29 - 12/19 Activity #: 6267</b>
<b>No class:</b>	9/5, 9/29, 10/10, 11/8, 11/11, 11/24-25
<b>Fee:</b>	<b>1 Day = \$357.00, 2 Days = \$660.00, 3 Days = \$912.00, 4 Days = \$1,170.00, 5 Days = \$1,343.00</b>
<b>Winter Session:</b>	<b>Weeks of: 1/2 - 4/10 Activity #: 6272</b>
<b>No class:</b>	1/2, 1/16-17, 2/17, 2/20-24, 4/6
<b>Fee:</b>	<b>1 Day = \$294.00, 2 Days = \$560.00, 3 Days = \$798.00, 4 Days = \$1,008.00, 5 Days = \$1,173.00</b>
<b>Spring Session:</b>	<b>Weeks of: 4/23 - 6/11 Activity #: 6277</b>
<b>No class:</b>	5/30, 6/13-15
<b>Fee:</b>	<b>1 Day = \$168.00, 2 Days = \$300.00, 3 Days = \$418.00, 4 Days = \$522.00, 5 days = \$612.00</b>
<b>Instructor:</b>	<b>Gary Sherrick / Jack Hayes</b>

Registration for this program is on-going.



## BOOT CAMP FOR KIDS!

Kids need to get moving, but they might not know how to in a safe, healthy, or fun way. This 40 minute class will help them learn (and have a great time!) with 20 stations targeting speed, strength, endurance, coordination, flexibility and balance. In addition, this class will encourage movement, released energy, stress reduction, and help create "healthy habits" for a lifetime. Tracy has designed this class to get your children moving while having fun creating a positive experience in a safe environment. Some of the activities include boxing, rope rings, hurdles, Trx, bosu, rebounding, resistance bands, tubes, medicine balls, kettle bells, weights, the slide and air ropes.

**Where:** Comstock C.C. Gym  
**When:** Weeks of 9/12 - 10/31  
**Day:** Friday  
**Fall Session:** 3:20 - 4:00 PM (Grades 6-8)

**Fee:** Resident: \$125.00 NR = \$135.00  
**Activity #:** 6283 (Grades 6-8)  
**Instructor:** Tracy Locher

Registration for this program begins on 8/31 @ 9:00 AM.



## JUNIOR WARRIOR BASKETBALL

This program is for boys and girls who are in grades 3 and 4. Participants will be assigned an evaluation day and time when registered. The dates for our evaluation are 10/22 and 10/29. Each participant will attend only one day for one total hour. The purpose of the evaluation is to assess the participant's ability for the purpose of equal distribution amongst the teams in our league. Evaluations will take place in the Cider Mill School, Lower Gymnasium.

**Where:** Cider Mill School Lower Gymnasium  
**When:** Weeks of 11/28 - 3/5 (10+ Practices, 10+ Games)  
*No Game/Practice:* 12/24 through 1/2, 1/16-17, 2/17, 2/18 & 2/20-25  
**Days:** Practices are for one hour, one day  
 Monday - Friday between the hours of 5:00 - 9:00 PM.  
 All **Games** will be at Cider Mill School. Games are one hour on Saturdays between the hours of 8:30 AM - 4:30 PM.  
**Fee:** \$135.00 (game shirt included)  
**Activity #:** Girls: 6285 Boys: 6286

**Note:** There is limited enrollment for this program! Volunteer coaches are needed in order for this program to run. All volunteer coaches will undergo a mandatory background check by the Town of Wilton. Please call Jim Lewicki in our office @ (203) 834-6234 ext. 4 to sign up to volunteer before September 29th.

Registration for this program begins on 9/20 @ 9:00 AM.

## WARRIOR RECREATIONAL BASKETBALL

This program is offered to boys and girls in grades 5-8. This is a recreational league with all participants playing an equal amount of game time. All practices and games will be at either Cider Mill School or Middlebrook Schools. Practices are for one hour one day per week Monday-Friday between the hours of 5:30 - 9:00 PM. Games are one hour on Saturdays between the hours of 8:30 AM - 4:30 PM. The dates for our evaluations are 10/22 and 10/29. Each participant will attend only one day for a total of one hour. The purpose of the evaluation is to assess the participant's ability for equal distribution amongst the teams in our league. Evaluations will take place in the Middlebrook School Old Gymnasium.

**NOTE:** Volunteer coaches are needed in order for this program to run. Please call Jim Lewicki in our office @ (203) 834-6234 ext. 4 to volunteer before September 29th. All volunteer coaches will undergo a mandatory background check by the Town of Wilton. Each participant's scheduled evaluation time will be given to parents the day they register. No phone calls will be made.

**Where:** Middlebrook and Cider Mill Gyms  
**When:** Weeks of 11/28 - 3/5 (8 weeks of regular session; 3 weeks of single elimination playoffs)

*No Game/Practice:* 12/24 through 1/2, 1/16-17, 2/17, 2/18 & 2/20-25  
**Game Day:** Saturday and/or Sunday  
**Times:** 8:30 AM - 4:30 PM  
**Fee:** \$135.00  
**Activity #:** Girls Grades 5-6: 6287  
 Girls Grades 7-8: 6288  
 Boys Grades 5-6: 6289  
 Boys Grades 7-8: 6290

There will be a P&R administered player draft for all coaches held at the Comstock C. C. Only volunteer coaches will attend the draft. Registration for this program begins on 9/20 @ 9:00 AM.



## H. S. RECREATIONAL BASKETBALL LEAGUE

The high school basketball recreational league plays a 8 game regular season schedule plus single-elimination playoffs. This program has a limited team availability. Students in grades 9-12 must form their own teams, and register as a team.

**Where:** Middlebrook Gym  
**When:** Weeks of 11/28 - 3/5  
*No Program:* 12/24 through 1/2, 1/16  
**Day:** Mondays & Saturdays (if needed)  
**Game Times:** Mon. 5:00 - 10:00 PM  
 & Sat. 2:30 - 4:30 PM (if needed)  
**Fee:** To be determined by # of teams

**Note:** Interested teams need to be confirmed no later than 11/4 by calling Jim Lewicki at the Wilton P&R Office @ (203) 834-6234 ext. 4.

## FALL TENNIS LESSONS

Tennis lessons will be taught by the staff of Fairfield County Tennis Program. Ratio of 4-6 students per instructor. Minimum of 5 registrations per class with a max of 10. Rain make-ups held at the end of session. For more information about their programs, please call (203) 640-1724 or visit their web site: [www.fairfieldcountytennis.net](http://www.fairfieldcountytennis.net).

<b>Where:</b>	<b>Route 7 Tennis Courts</b>
<b>Day / When:</b>	Monday: <b>Weeks of 9/12 - 10/17</b> (No Class 10/10)
<b>Time:</b>	3:30 - 4:00 PM (PEE-WEE Ages 4&5) <b>Activity #: 5924</b> 4:00 - 5:00 PM (Juniors ages 9-12) <b>Activity #: 6297</b> 5:00 - 6:00 PM (Juniors ages 6-8) <b>Activity #: 6294</b>
<b>Resident Fee:</b>	3:30 - 4:00 PM \$69.00 NR: \$79.00 4:00 - 5:00 PM \$129.00 NR: \$139.00 5:00 - 6:00 PM \$129.00 NR: \$139.00
<b>Day / When:</b>	Wednesday: <b>Weeks of 9/12 - 10/17</b> (No Class 9/28)
<b>Time:</b>	3:30 - 4:30 PM (Juniors ages 9-12) <b>Activity #: 6292</b> 4:30 - 5:30 PM (Juniors ages 6-8) <b>Activity #: 6291</b> 5:30 - 6:00 PM (PEE-WEE Ages 4&5) <b>Activity #: 5925</b>
<b>Resident Fee:</b>	3:30 - 4:30 PM \$129.00 NR: \$139.00 4:30 - 5:30 PM \$129.00 NR: \$139.00 5:30 - 6:00 PM \$69.00 NR: \$79.00
<b>Day / When:</b>	Friday: <b>Weeks of 9/12 - 10/21</b> (No Class 10/7)
<b>Time:</b>	4:00 - 5:00 PM (Juniors ages 6-8) <b>Activity #: 6293</b> 5:00 - 6:00 PM (Juniors ages 9-12) <b>Activity #: 6296</b>
<b>Resident Fee:</b>	4:00 - 5:00 PM \$129.00 NR: \$139.00 5:00 - 6:00 PM \$129.00 NR: \$139.00

Registration for this program is on-going.



# Save the Date

## October 1, 2011



In the spirit of *Oktoberfest*, please join Wilton Parks & Recreation for our first **Beer & Wine Tasting!**

Fundraiser details to follow at [www.wiltonparksandrec.org](http://www.wiltonparksandrec.org) and on our Facebook page.

### Did you know...?

Wilton Parks & Recreation offers rental of the Community Room and Gym at the Comstock Community Center and rental of the facilities at Merwin Meadows!



If you would like to know more, please contact us at [parksandrec@wiltonct.org](mailto:parksandrec@wiltonct.org) or call (203) 834-6234 ext. 3.

## ADULT PROGRAMS

### BODY SCULPTING

The focus of this exercise class is on strength, endurance and flexibility. This program will help to increase bone density which can help prevent osteoporosis.

<b>Where:</b>	<b>Comstock C. C. Dance Studio</b>	
Day:	Monday	
Time:	6:30 - 7:30 PM	
<b>Fall Session:</b>	<b>Weeks of: 9/19 - 12/12</b>	<b>Activity #: 6298</b>
Resident Fee:	\$130.00 (12 classes)	NR: \$140.00
<i>No class:</i>	10/10	
<b>Winter Session:</b>	<b>Weeks of: 1/9 - 5/7</b>	<b>Activity #: 6299</b>
Resident Fee:	\$170.00 (16 classes)	NR: \$180.00
<i>No Class:</i>	1/16, 2/20, 4/16	
<b>Instructor:</b>	<b>Christine Leventhal</b>	

**Note: Participants must supply their own hand-held weights.**

**Registration for this program begins on 9/1 @ 9:00 AM.**

### ADULT BASKETBALL LEAGUE

The adult basketball league plays a regular season schedule plus single-elimination playoffs. Limited to 12 teams. New teams only allowed based on availability.

<b>Where:</b>	<b>Middlebrook Old Gym</b>
<b>When:</b>	<b>11/7 to approx. mid-March</b>
Day:	Mondays or Wednesdays
Times:	7:45 PM & 8:45 PM
Fee:	To be determined by the number of teams in the league.
<b>Note:</b>	Interested teams can call Scott Kieras @ the Wilton Parks & Recreation Office @ (203) 834-6234 ext. 5 for more information.

### ABSOLUTE BODY CONDITIONING

This invigorating outdoor interval training program will improve your fitness base, boost your metabolism and improve your athletic performance by mixing high-intensity aerobic, strength and flexibility circuits with adequate recovery periods. A variety of fitness exercises and equipment will be introduced each week including walking and running drills, plyometrics, stadium stairs drills, balance, coordination, core conditioning and flexibility. **Bring water, a towel and a yoga mat.**

<b>Where:</b>	<b>Wilton High School Track or Comstock C.C.</b>
<b>When:</b>	<b>8/29 - 11/23</b>
Day:	Mondays or Wednesdays
Times:	9:15 AM to 10:30 AM
Fees:	10 class card = \$225.00 <b>Activity #: 6300</b> 15 class card = \$325.00
<b>Note:</b>	<b>Comstock C. C. Gym will be used if it rains</b>
<b>Instructor:</b>	<b>Bonnie Sheehan</b>

**Registration for this program is on-going.**

## TREBLEMAKERS

Come enjoy singing with this fun all Women's Chorus. Sing and perform music of all styles. No audition required, just a love of song and dance.

<b>Where:</b>	<b>WHS Choral Room</b>
<b>When:</b>	<b>9/19 - 12/12</b>
<i>No class:</i>	10/10
Day:	Monday
Time:	7:00 - 8:30 PM
Resident Fee:	\$160.00 NR: \$170.00
<b>Activity #:</b>	<b>6302</b>
<b>Director:</b>	<b>Mary Bozzuti Higgins</b>

**Registration for this program is on-going.**

**All participants must register with P&R office prior to attending class.**

### ADULT FALL TENNIS LESSONS

Program focuses on development of adults working on all skills of tennis with certified experienced tennis staff. Tennis lessons will be taught by the staff of Fairfield County Tennis Program. For more information about their programs, please call (203) 640-1724 or visit their web site @ [www.fairfieldcountytENNIS.net](http://www.fairfieldcountytENNIS.net).

<b>Where:</b>	<b>Rt. 7 Tennis Courts</b>
<b>When:</b>	<b>9/14 - 10/12 (4 Weeks)</b>
Days:	Wednesday
No Program:	10/7
Times:	6:00 - 7:30 PM Wed. (Beg./Adv. Beginner) \$109 7:00 - 8:30 PM Wed. (Low Int./Intermediate) \$159
<b>Activity #'s:</b>	W 6: <b>6043</b> W 7:30: <b>6053</b>

**(Minimum of 3 sign-ups per session; max. of 8)**

**Ratio: 3 to 4 adults per instructor**

**Non-residents add \$10.00 per session.**

**Registration for this program is on-going.**

## SENIOR PROGRAMS

### 55 ALIVE BY AARP

Adult driving education courses for skill improvement. Insurance reductions may be available for individuals 62 and up who complete the course. Participants must be over 50 years old, have a CT Drivers License, and attend both classes. Limited to 30 registrations!

<b>Where:</b>	<b>Comstock C. C. Room 21 A &amp; B</b>
<b>When:</b>	<b>10/7</b>
Days:	Friday
Time:	8:30 AM - 12:30 PM
<b>Activity #:</b>	<b>6305</b>
Fee:	\$12.00 AARP Members, \$14.00 Non-AARP Members
<b>Registration for this program begins on 9/1 @ 9:00 AM.</b>	



## WILTON PARKS & RECREATION VAN TRIPS

**WE DRIVE, WHILE YOU ENJOY! MANY OF OUR TRIPS ARE FOR ALL AGES!**

**SUNDAY, SEPTEMBER 25<sup>TH</sup>**

### **BOSTON ON YOUR OWN BOSTON, MASSACHUSETTS**

Let us drive you to Boston for a leisurely day on your own. You can shop at Quincy Market, tour Faneuil Hall, and sightsee at the harbor!

Depart: 7:00 AM  
Return: 7:00 PM  
**Activity #:** **6306**  
Resident Fee: \$25.00 (transportation only)  
Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.



### **SUNDAY, OCTOBER 9<sup>TH</sup> HAUNTED HAPPENINGS SALEM, MASSACHUSETTS**

Take a ride to Massachusetts to visit New England's only "Haunted Neighborhood." Many ghosts, goblins, witches, haunted houses, and graveyards await you! A little something for everyone.

Depart: 7:00 AM  
Return: 7:00 PM  
**Activity #:** **6307**  
Resident Fee: \$25.00 (transportation only)  
Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.

**SATURDAY, OCTOBER 22<sup>ND</sup>**

### **2<sup>ND</sup> ANNUAL CONNECTICUT CHEESE & WINE FESTIVAL NEW PRESTON, CT**

**Families Welcome!** A celebration of locally made award winning artisanal cheeses and handcrafted wines, small farms, and small batch producers of all natural specialty foods. Fun activities are scheduled throughout the day including cooking demos by top CT chefs, face painting, hay rides and live music. Event takes place under tents, so it's Rain or Shine! **May bring picnic lunch.** **\*Limited Space Event. Event ticket must be purchased online prior to VAN portion.**

*Event is FREE to children 12 and under!*

Depart: 10:00 AM [\\*www.artisanmade-ne.com/store/](http://www.artisanmade-ne.com/store/)  
Return: 5:00 PM On left, click on "Artisan Food...",  
**Activity #:** **6308** then, "CT Cheese & Wine Festival".  
Resident Fee: \$25.00 (transportation only)  
Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.



### **SATURDAY, NOVEMBER 12<sup>TH</sup> COTTRELL BREWING COMPANY PAWCATUCK, CT**

Cottrell Brewing Company is a Connecticut-based micro brewery, manufacturing delicious craft beers. A fine New England tradition! Come tour the brewery, learn everything you could possibly want to know about beer, and sample and purchase the freshest beer in the area! **Lunch on your own.**

Depart: 9:30 AM  
Return: 5:00 PM  
**Activity #:** **6309**  
Resident Fee: \$25.00 (transportation only)  
Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.



**SATURDAY, DECEMBER 3<sup>RD</sup>**  
**KIWANIS HOLIDAY CONCERT\***  
**WILTON, CT**

The Wilton Kiwanis Club will be sponsoring their annual holiday concert in the **David Clune Center for Performing Arts** in the Wilton High School. *This program is for Dial-A-Ride\* eligible individuals only.* Please call Ross @ (203) 834-6235 for reservations. **Limited Seats!**

Depart: 6:30 PM  
 Return: After the Show  
 Fee: Dial-A-Ride Fee Only (Transportation and Ticket)

Registration for this program begins on 9/1 @ 9:00 AM.

**WHEN YOU DON'T FEEL LIKE DRIVING...**  
*We'll do it for you!*

Do you have a Van Trip suggestion?

Would you be interested in an *over-night* van trip to **Washington, D. C.**, in April or May?

How about a season-long series of day trips to visit some of the 24 wineries on the **Connecticut Wine Trail** or some of the 27 locations on the **CT Beer Trail**?

Where would you like to go? A NYC show? Let us know, so we can come up with a Van Trip for you!



**SATURDAY, DECEMBER 10<sup>TH</sup>**  
**GET INTO THE SPIRIT – A DAY IN THE CITY**  
**NEW YORK, NY**

**Families Welcome!** Check out the tree at Rockefeller Center, spend the day shopping and checking out the store windows in "holiday" dress, visit museums, and enjoy the holiday excitement in this beautiful city!

Depart: 9:00 AM  
 Return: 6:00 PM  
**Activity #:** **6310**  
 Resident Fee: \$25.00 (transportation only)  
 Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.



**THURSDAY, FEBRUARY 9<sup>TH</sup>**  
**NEW YORK ON YOUR OWN**  
**NEW YORK, NY**

Need to wind down after the holidays or pick up your spirits in the midst of winter? You can do it by squeezing in a matinee or lunch, shopping, or visiting the museums! Enjoy New York on your own!

Depart: 9:00 AM  
 Return: 5:00 PM  
**Activity #:** **6311**  
 Resident Fee: \$25.00 (transportation only)  
 Non-resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.



**TUESDAY, MARCH 6<sup>TH</sup>**  
**PHILADELPHIA INTERNATIONAL FLOWER SHOW**  
**PHILADELPHIA, PA**

This year's theme is "Islands of Paradise"! Enjoy this incredible Flower Show, or spend the day strolling through the historic sites of the city.

Depart: 7:00 AM  
 Return: 7:00 PM  
**Activity #:** **6312**  
 Resident Fee: \$25.00 (transportation only)  
 Non-Resident: \$35.00 (transportation only)

Registration for this program begins on 9/1 @ 9:00 AM.

## WILTON PARKS & RECREATION SPECIAL EVENTS



### THANKSGIVING LUNCHEON FRIDAY, NOVEMBER 4<sup>TH</sup>

**Where:** Comstock Community Center  
**When:** 11/4/11  
**Time:** 12:00 - 1:30 PM  
**Fee:** \$5.00 per person

Pre-register by 10/27 by calling (203) 834-6234.



### HAY RIDE WITH SANTA FRIDAY, DECEMBER 16<sup>TH</sup>

This program is **only** for Wilton Residents. Enjoy a sleigh-ride with Santa and his elves, holiday singing, and refreshments by the bonfire.

**Where:** Ambler Farm  
**When:** 12 /16/11  
**Fee:** Free. Wilton Residents Only!  
**Hay ride times:** 3:00 PM - 4:00 PM  
 4:00 PM - 5:00 PM  
 5:00 PM - 6:00 PM  
 6:00 PM - 7:00 PM  
 7:00 PM - 8:00 PM

**NOTE:** We will start taking registrations on Monday, 9/19. Registrations will be on a first come, first serve basis accomplished by entering your information via our web site [www.wiltonparksandrec.org](http://www.wiltonparksandrec.org).



### HOLIDAY LUNCHEON FRIDAY, DECEMBER 9<sup>TH</sup>

**Where:** Comstock Community Center  
**When:** 12/9/11  
**Time:** 12:00 - 1:30 PM  
**Fee:** \$5.00 per person

Pre-register by 12/1 by calling (203) 834-6234.

Please look for your  
 Wilton Parks & Recreation  
*Spring/Summer* brochure  
 after February 27, 2012.

**SENIOR CENTER PROGRAMS**  
**QUESTIONS ABOUT SENIOR CENTER PROGRAMS?**  
**CALL (203) 834-6240**

### SENIOR COMMUNITY DAY

Senior Community Day is the perfect venue for adults of all ages to become informed about area opportunities for senior citizens. Free to all who participate, the event will include presentations, demonstrations, slide shows, live entertainment, door prizes and more! When you check in you will receive a ticket, good for one of the door prizes provided by the sponsors. You may claim your prize at the sponsor's booth. In addition to searching for door prizes and visiting the sponsors' booths, you will enjoy an array of activities. Peter Curran will be available to appraise one of your antiques or memorabilia. Light refreshments will be served in the café. Just arrive under the portico of The Greens and the valet will park your car!

**Where:** The Greens at Cannondale  
 435 Danbury Road, Wilton  
*Valet Parking will be provided*

**When:** Sunday, 9/18  
**Time:** 1:00 - 3:30 PM  
**Fee:** None

### HEALTHY MEN MATTERS

"Healthy Men Matters" is a program created to address men's health issues. Aaron Crook, RN, BA, ACLS, CEN, from Ridgefield Visiting Nurse Association, will discuss the top ten health threats for men and what you can do to stay healthy and minimize risks. Aaron is an RN Case Manager and palliative care coordinator and was recently honored by receiving the Nightingale Award for Excellence in Nursing. Aaron is a health and wellness advocate and his own personal healthy living approach includes diet, exercise, stress relief and preventative care.

**Where:** Senior Center in the Comstock Community Center  
**When:** Tuesday, 9/20  
**Time:** 2:00 PM  
**Fee:** None  
**Reservations:** (203) 834-6240

### ITNCOASTALCT TRANSPORTATION SERVICE

ITNCoastalCT, a dignified transportation service for seniors 60+ and visually impaired adults is up and running. This member-supported, fee-for-service non-profit will serve the towns of Wilton, Weston, Westport, Norwalk, Easton, and Fairfield. Rides will be provided primarily by volunteer drivers, can cross town lines, and are available for any reason any time 24/7, 365 days a year. Additional information can be found on ITNCoastalCT's website at [www.itncoastalct.org](http://www.itncoastalct.org) or by calling Nancy McCormick, Manager of ITNCoastalCT, at (203) 858-2001.

### RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

RSVP helps people age 55 and older find volunteer opportunities to match their skills and interests. When you join RSVP, you choose your volunteer position. You make your own schedule. You call the shots. You also receive the benefits of staying active and meeting new people along with having the satisfaction of knowing that you're using a lifetime of experience to make your mark. If you want more information about RSVP, call Dell Overby, Wilton Coordinator @ (203) 762-0520.

### WEDNESDAY AT OGDEN HOUSE

Volunteers from the Wilton Congregational Church, Wilton Woman's Club, Our Lady of Fatima Catholic Church, Wilton Presbyterian Church, and Temple B'Nai Chiam prepare delicious lunches each Wednesday for the Wilton seniors. Following the lunch there is entertainment or an informational program for everyone's enjoyment.

**Where:** Ogden House, 100 River Road  
**When:** Wednesdays, 9/21 - 6/13  
**Time:** 12:00 PM  
**Fee:** \$3.00  
**Reservations:** (203) 834-6240



### THURSDAY LUNCH

Join other seniors for a delicious lunch each Thursday. Seating is limited, so **reservations are necessary**.

**Where:** Comstock Community Center  
**When:** Thursdays  
**Time:** 12:00 PM  
**Fee:** \$3.00  
**Reservations:** (203) 834-6240



### WHAT WISE WOMEN NEED TO KNOW EFFECTIVE RETIREMENT AND ESTATE PLANNING

This workshop is "for women by women." Whether you're single, married, divorced, or handling your finances for the first time, this two-session workshop can help you solidify a secure financial future. Join the conversation to learn about the importance of active management, successful strategies for investing in this economy and market, basic probate process, and estate planning. October 14 will feature "Take Control of your Investment Portfolio" with Laurie Stefanowicz and Jennifer Huisling of Catamount Wealth Management. October 28 will feature "The Ever-Changing Tax Landscape" with Shelby Wilson of Berchem, Moses, and Devlin. These instructors volunteer their time on behalf of the Connecticut Money School (CMS). CMS provides free financial education for adults and seniors. Their mission is to provide an opportunity for everyone to become financially stable and successful.

**Where:** Senior Center in the Comstock Community Center  
**When:** Friday, 10/14; Friday, 10/28  
**Time:** 11:00 AM to Noon  
**Fee:** None  
**Presenter:** Connecticut Money School Instructors  
**Reservations:** (203) 834-6240

**WELCOME TO  
 THE SENIOR CENTER  
 AT  
 COMSTOCK COMMUNITY CENTER**

## COMPUTER LEARNING CENTER @ COMSTOCK

The Computer Learning Center in Comstock Community Center offers computer courses for all adults from 9:30-11:30 AM. Courses are published in the bimonthly newsletter *Corridors* ([www.wiltonct.org](http://www.wiltonct.org) – click on the “Senior Center Newsletter” on the bottom of the home page) or in *The Wilton Bulletin*. See these publications for an actual schedule of courses being offered. Registration forms are available outside the Computer Learning Center at Comstock or in the *Corridors* newsletter. For more information call Andrea Ragusa at (203) 762-8445.



### Computer Fundamentals

This introductory course is for those with limited or no computer experience who would like to test the waters. It will include turning the computer on and off, using the mouse and keyboard, understanding the meaning of simple computer terms, opening and closing a program, and using the desktop. This is excellent preparation for *Beyond Beginners - Word 2007/2010*.

### Beyond Beginners - Word 2007/2010

Step into the present to acquaint yourself with the *Word 2007* program. It has a different appearance from the Word you have been using. The familiar toolbars and menus from previous versions of *Word* are gone! This course will explore the Word Window, Office Button, Terminology, Ribbon Organization, Quick Access Toolbar, Document views, plus commonly used features in Word. You will learn how to do the same things you've always done such as entering, changing, deleting, copying, pasting, underlining, aligning, saving, as well as inserting a bullet or number in text in a *Word 2007* environment.

### Word 2007/2010 Graphics

Take time out to have some fun at the computer using the new graphic enhancements found in Word. Spruce up your paragraphs and documents, design posters and handout materials. Become acquainted with positioning and wrapping text around pictures, ClipArt and WordArt. (You are welcome to bring a project of your own to class that you might like to do.)

### Organize Your Memoir Research and Prepare it for Publication

Become an Author! This course will provide comprehensive information about options for printing when preparing a memoir for print in book form. This course will outline how to set up your copy in order to have continuity among the pages, graphics to enhance the book's material, and practical points which will save you money when you take the manuscript to a professional printer or local UPS store. *This is not a research course; it is a workshop to help you organize your research before publication.*

## EXPANDED SPACE AT THE SENIOR CENTER

There is more space in which to meet up at the Senior Center. Gather for coffee or have lunch in the Café, play mahjonnig or see a movie in the Lounge, and shoot pool or play cards in the Game Room. Additional activities are available at the Senior Center which are not listed here in this brochure. View the bi-monthly newsletter, *Corridors*, on the town website, [www.wiltonct.org](http://www.wiltonct.org), for a two-month view of activities. Also, see the *Senior Center News* column in *The Wilton Bulletin* each week for the coming week's events.

## THURSDAY BINGO

Join us on Thursdays for BINGO at the Comstock Community Center. Winners get “the pot” each game.

**Where:** Comstock Community Center  
**When:** Thursdays  
**Time:** 12:45 PM  
**Fee:** \$0.25 per card  
**Note:** No pre-registration required

## BRIDGE ANYONE?

Come to the Senior Center at Comstock Community Center and join other seniors in an afternoon of bridge.

**Where:** Comstock Community Center  
**Time:** 12:00 - 3:00 PM  
**Fee:** None  
**Reservations:** Required

**Duplicate Bridge: First Wednesday** of the month, contact Lois Bruce @ (203) 762-5818 to play.  
**Duplicate Bridge: Third Tuesday** of the month, contact Maureen Turnier @ (203) 762-9386 to play.  
**Contract Bridge: Fridays**, contact Eleanor Mihailidis @ (203) 762-8720 to play.

## BEGINNER BRIDGE LESSONS

As our population ages gracefully, pursuits and interests that previously seemed unexciting are viewed in a different light. There is a shift away from punishing physical stress and toward the refinement and nourishing of the intellect. Bridge is a perfect example of this phenomenon. It combines mental exercise of the reasoning faculties, the short- and long-term memory centers, the planning and collation skills, social interaction techniques, and other mental calisthenics useful in everyday life.

*This class is for the player with very little or no bridge experience. Reservations are required! Class size is limited.*

**Where:** Comstock Community Center  
**When:** 9/30, 10/7, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9  
**Time:** 1:30 - 3:30 PM  
**Fee:** \$75.00 for this 8-week series  
**Instructor:** Dan DeVlieg  
**Reservations:** (203) 834-6240

## DUPLICATE BRIDGE WITH DAN DEVLIEG

Duplicate Bridge is a form of contract bridge in which contestants play identical cards, with each deal being scored independently, permitting individual scores to be compared. For all level of players. Dan DeVlieg will supervise this morning activity. This is not a sanctioned game.

**Where:** Comstock Community Center  
**When:** Wednesdays (except the first Wednesday of the month)  
**Beginning 9/28**  
**Time:** 10:00 AM to 12:30 PM  
**Fee:** \$5.00 drop-in fee  
**Instructor:** Dan DeVlieg  
**Reservations:** (203) 834-6240

## GARDEN CLUB ACTIVITIES

The Garden Club serves a delicious lunch to the seniors and presents a garden-related program. Programs include trips to local gardens, media presentations, and workshops in the greenhouse at Comstock.

**Where:** Comstock Community Center  
**When:** First Tuesday of the month  
**(October-May)**  
**Time:** 12:00 - 1:30 PM  
**Fee:** \$3.00 for lunch  
**Reservations:** (203) 834-6240



## COMSTOCK KNITTERS AND CRAFTERS

Basic instruction will be provided for projects, and the company will be great, too! The coffee pot's always on. If you have a work in progress, bring it. If it's all new to you, just come and give knitting a try! We'll supply the practice materials. Not a knitter? Bring your own handiwork and enjoy the company.

**Where:** Comstock Community Center  
**When:** Second Tuesday and Fourth Monday of the month  
**Time:** 1:00 - 2:30 PM  
**Fee:** None  
**Instructor:** Lizabeth Doty

## JEWELRY WORKSHOP

Beads, beads, beads! No prior experience is necessary. Enjoy the fun of making your own beaded jewelry. Select materials to match your own style. Make gifts for relatives and loved ones. It's never too early to get started on birthday or holiday presents. **Class size limited.**

**Where:** Comstock Community Center  
**When:** First Friday of the month  
**Time:** 10:00 - 11:30 AM  
**Fee:** \$5.00 plus materials, if needed  
**Reservations:** (203) 834-6240  
**Instructor:** Viola Galetta



## DRAWING AND PAINTING FOR ALL

Discover the hidden talent you may have. Viola Galetta will instruct beginners in the basics of drawing still life, landscape, and even portrait. Students will experiment with acrylics and water colors in a relaxed atmosphere. Absolutely no experience necessary. Please bring a sketchpad and soft pencil to the first class. (Available at Walmart or art supplies stores.) Additional materials needed for future classes will be discussed during this class.

**Where:** Comstock Community Center  
**When:** Third Friday of the month  
**Time:** 10:30 AM - 12:00 PM  
**Fee:** \$10.00 per class  
**Instructor:** Viola Galetta

## PLAY READING

Sherman Poultney and Andrea Ragusa team up to lead the play reading and discussion group at the Senior Center on the first Monday of the month. Participants are invited to take a role or just read along and join in the discussion of the play afterward. Copies of each play are available for pick-up at the Senior Center prior to the date of the play's reading.

*Previously Read Plays*  
*...Our Town by Thornton Wilder... Design For Murder by George Batson... Othello by William Shakespeare - Part 1... Othello by William Shakespeare - Part 2... She Stoops to Conquer by Oliver Goldsmith... Androcles and The Lion by George Bernard Shaw... The Bourgeois Gentleman by Moliere... Cat On A Hot Tin Roof by Tennessee Williams*

## BOOK DISCUSSION SERIES

Barbara Jones from the Wilton Library has prepared a wonderful reading series for the coming year:

September 27, Judson Scruton leads **Selected Poems** by Amy Clampitt; October 25, Maureen Canary leads **I Remember Nothing** by Nora Ephron; November 22, Ray Rauth leads **The Adventures of Huckleberry Finn** by Mark Twain; January 24, William Ziegler leads **This Side of Paradise** by F. Scott Fitzgerald; February 28, David Ostergren leads **Colonel Roosevelt** by Edmund Morris; March 27, Kathy Leeds leads **The Tortilla Curtain** by T. C. Boyle; April 24, Miwako Ogasawara leads **Scoop** by Evelyn Waugh; May 22, Barbara Jones leads **Every Day by the Sun: A Memoir of the Faulkners of Mississippi** by Dean Faulkner.

**Lunch is served at noon following the discussion.**

**Where:** Comstock Community Center  
**When:** Fourth Tuesday of the month  
**Time:** 11:00 AM  
**Fee:** \$3.00 for lunch  
**Reservations:** (203) 834-6240

## COMSTOCK WRITERS GROUP

Are you interested in reading and writing? Here's a group for you! Many people have family history or lore that they'd like to record for future generations. In addition, they may be passionate about a variety of subjects such as politics, the arts, travel, gardening, and so on, any of which would provide plenty of material to write about. Leading the group is Magdalen Livesey, who is an editor and writer living in Wilton. For more information call (203) 834-6240.

**Where:** Comstock Community Center  
**When:** First and Third Wednesday of the month  
**Time:** 10:00 - 11:30 AM  
**Fee:** None  
**Moderator:** Magdalen Livesey, [m.livesey@cortinalearning.com](mailto:m.livesey@cortinalearning.com)

## ENHANCE FITNESS

The Wilton Family Y brings the Enhance Fitness program to the Senior Center. The one-hour class includes 30 minutes of endurance type activity and specific strengthening exercises for legs, trunk, arms and shoulders. Enhance Fitness helps to maintain or enhance cardio-respiratory fitness, muscle strength, balance and flexibility.

**Where:** Comstock Community Center  
**When:** Monday, Tuesday, and Thursday beginning 9/6  
**Time:** Monday, 9:15 - 10:15 AM  
 Tuesday & Thursday, 9:00 - 10:00 AM  
**Fee:** \$3.00 per class  
**Instructor:** Denise Suarez and Leslie Hinshaw

## COUNTRY WESTERN LINE DANCING

This program is not only a great form of exercise; it is also a great program for social interaction. Beginners as well as experienced dancers are welcome.

**Where:** Comstock Community Center  
**When:** Mondays  
**Time:** 10:30 - 11:20 AM  
**Fee:** \$3.00 per class  
**Instructor:** Gail Shapiro



## TUESDAY AND/OR THURSDAY YOGA

Denise O'Hearn, owner of Vibrant Moves here in Wilton, conducts this gentle yoga class that warms up all the joints of the body, stretches and strengthens your muscles and helps your balance and focus. Classes include warm-ups, breath work (pranayama), yoga postures (asanas), relaxation and meditation. Leave class feeling refreshed!

**Where:** Comstock Community Center  
**When:** Tuesdays, 11:00 AM - 12:00 PM  
 Thursdays, 10:00 - 11:00 AM  
**Fee:** \$3.00 per class  
**Instructor:** Denise O'Hearn



## TAI CHI

Tai Chi contains a series of gentle and graceful movements performed with respiration coordination and deep concentration. Practicing Tai Chi leads to relaxation of the body and mind, improves flexibility and balance, and enhances energy and general well-being. Specifically, practicing the movements of Tai Chi has been shown to help prevent falls and improve your physical functioning of daily activities.

**Where:** Comstock Community Center  
**When:** Wednesdays  
**Time:** 10:00 AM-11:00 AM  
**Fee:** \$3.00 per class  
**Instructor:** Debbie Dong



## MOVE, STRENGTHEN, AND STRETCH

Visiting Nurse and Hospice of Fairfield County offers this light aerobic movement class. The exercises promote heart health with light weights for strength and gentle stretching to tone your body.

**Where:** Comstock Community Center  
**When:** Fridays beginning 9/9  
**Time:** 10:00 AM to 11:00 AM  
**Fee:** \$3.00 per class  
**Instructor:** Julianne Camhi

## MEDICARE PART D APPOINTMENTS

Representatives from the Southwestern Connecticut Agency on Aging will be at the Comstock Community Center meeting with individuals regarding the Medicare Part D prescription drug program. Appointments are available for any Medicare beneficiary who has Medicare Part A or Part B or both. November is the time to get the help you need to choose or change your prescription drug plan. This year open enrollment begins October 15 and ends December 7. **THIS IS A CHANGE FROM PREVIOUS YEARS.**

**Where:** Comstock Community Center  
**When:** Thursday, 11/10  
**Time:** By Appointment Only  
**Fee:** None  
**Registration:** Sharon Powers, (203) 834-6238

## SUSTAINING INDEPENDENT LIVING: A SPIRITUAL PERSPECTIVE

Rev. Karen Judd, Interfaith Minister at Visiting Nurse and Hospice of Fairfield County, will conduct this one-hour session. While we all have a spiritual side to our "beingness," we may not consider how spirituality and independence are interrelated. During this session, explore how spirituality shapes and strengthens our self-concept of health, aging, and independence.

**Where:** Senior Center in the Comstock Community Center  
**When:** Thursday, 10/13  
**Time:** 1:00 PM to 2:00 PM  
**Fee:** None  
**Moderator:** Rev. Karen Judd  
**Reservations:** 203-834-6240

## FLU CLINICS BY VISITING NURSE AND HOSPICE

All clinics are first come, first serve and open to the public. Available to anyone age 3 years and older. Persons under age 18 must be accompanied by a parent or legal guardian. Cost is \$38 cash or check. Medicare Part B, Anthem and Aetna accepted as payment. Must bring your insurance card with you. Sorry, no other Managed Medicare plans accepted. Pneumonia vaccine available to persons age 65 or older who have never received the pneumonia vaccine over age 65. Cost is \$60 billable to Medicare Part B. For more information, call the Flu Info Line at (203) 834-6341 Ext 444 or call (203) 762-8958. Schedule subject to change based on vaccine shipment and availability.

**Senior Center in the Comstock Community Center**  
 Tuesday, 9/27; Thursday, 9/29  
 10:00 AM to Noon

**Ogden House (residents only)**  
**Friday, 10/7**  
 9:30 - 11:00 AM

**Wilton YMCA**  
**Saturday, 11/5**  
 9:00 - 11:00 AM

**Comstock Community Center**  
**Monday, 10/10**  
 9:00 AM - 12:00 PM

**Wilton Library**  
**Friday, 11/25**  
 10:30 AM - 1:00 PM

## BLOOD PRESSURE SCREENINGS

### COMPLIMENTARY AND OPEN TO THE PUBLIC

*Sponsored by Visiting Nurse & Hospice of Fairfield County*

**Wilton Senior Center**  
 11:00 AM - 12:00 PM  
**First Thursday** of the month.

**Wilton Family Y**  
 9:00 - 10:30 AM  
**Third Wednesday** of the month.

**Ogden House, (Residents only)**  
 9:30 - 11:00 AM  
**First & Third Friday** of the month.

**Village Market**  
 12:30 - 2:00 PM  
**Fourth Tuesday** of the month.

**PARKS & RECREATION ACTIVITY REGISTRATION FORM**  
**WILTON PARKS & RECREATION – 180 SCHOOL ROAD – WILTON, CONNECTICUT 06897**

Parent/Guardian: \_\_\_\_\_  
Last Name First Name

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Activity #	Participant's Last Name	First Name	Grade	M/F	D.O.B.	Fee
1.	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____

**Non-Residents please add \$10.00 per participant per program!**

<b>Fee Total:</b> \$ _____
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**MAKE CHECK PAYABLE TO:  
WILTON PARKS & RECREATION**

**Refunds are issued only in the following circumstances:**

- 1. If a program is cancelled by the Parks & Recreation Department**
- 2. On request for medical reasons, injury, or relocation**
- 3. If a program participant is replaced by a new participant**

I understand that there are inherent risks and dangers in any and all activities including the one(s) for which I have registered for myself and/or my child/ward. I also understand that there is a heightened risk and danger for myself and/or my child/ward and others by participating in the prescribed activity. Nevertheless, I agree to defend and hold harmless and to indemnify the Town of Wilton, the Wilton Parks and Recreation Department, its members, agents, officers, and employees and any person there within from any and all claims, actions, demands, damages, costs, and loss of services, expenses, including but not limited to attorney fees, and compensation on account of, or in any way growing out of, or arising from, my and/or my child/ward's participation in the designated activities, including but not limited to, negligence claims for bodily injury, sickness, disease or death or property damage of any kind, against any and all of the aforementioned parties, whether or not such, claim, demand, damage, cost, loss or expense is caused in part by a party indemnified hereunder. The execution of this Release is done with my full knowledge and appreciation of the act and its ramifications and is free from coercion of any kind by the Town of Wilton, the Wilton Parks and Recreation Department, their members, agents, officers, and employees. I represent that I have carefully read and understand this Release and that I have entered into this Release knowingly and voluntarily after having had an opportunity to consult with my legal advisors, which I am encouraged to do by the Town of Wilton. I further understand that I am waiving substantial rights by signing this release. I further understand that I and or my child/ward may be photographed for the purpose of promotion or advertising in future brochures, newspapers, newsletters, or in the Town of Wilton website. By signing this release, I am also giving permission to the Town of Wilton to use the photos of me and/or my child/ward for any of the aforesaid purposes.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**mail to:**  
**WILTON PARKS & RECREATION**  
**180 SCHOOL ROAD**  
**WILTON, CT 06897**  
[www.wiltonparksandrec.org](http://www.wiltonparksandrec.org)

